

RIGHT & LEFT HANDS EXERCISES

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The following exercises help to strengthen your right hand as well as your left hands. Start with right hand playing ride cymbal/hihat while left hand on snare and then later switch to left hand playing the hihat while the right hand on snare.

Drum Notation:

Drum notation exercises 1 through 12, showing rhythmic patterns for HH/RC, Snare, and Bass. The exercises are numbered 1) through 12) and include measure numbers 6, 10, 14, 18, 22, and 26.

1) HH/RC, Snare, Bass

2) HH/RC, Snare, Bass

3) HH/RC, Snare, Bass

4) HH/RC, Snare, Bass

5) HH/RC, Snare, Bass

6) HH/RC, Snare, Bass

7) HH/RC, Snare, Bass

8) HH/RC, Snare, Bass

9) HH/RC, Snare, Bass

10) HH/RC, Snare, Bass

11) HH/RC, Snare, Bass

12) HH/RC, Snare, Bass

6

10

14

18

22

26

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